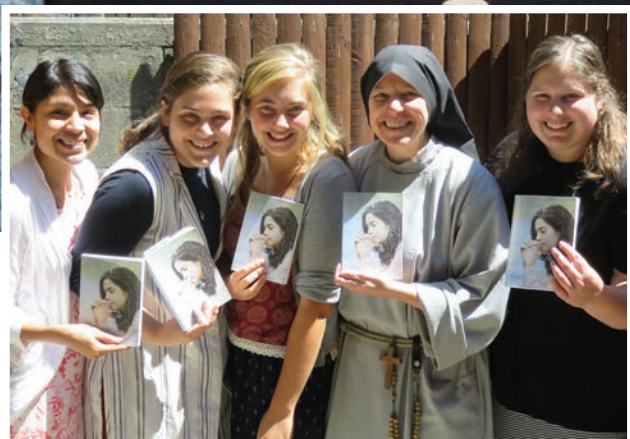


Every woman is called to make a gift of herself in love. Discovering the form the gift will take is the art of discernment.

Avow

discernment group



Join other Catholic women to share the adventure of discernment. **Avow** is a small group for heart-to-heart conversation and study, structured in seven 90-minute sessions per semester. Groups are guided by the inspirational book *Discerning Religious Life* by Sr. Clare Matthiass, CFR. No pressure—just women supporting one another as they seek the Father's will for their lives.

MEETINGS:

AVOW

discernment group

Avow is a small group for Catholic women who gather for heart-to-heart conversation and study as they embark on the journey of discernment *together*. Groups meet for seven 90-minute sessions per semester using the book *Discerning Religious Life* by Sr. Clare Matthiass, CFR.

Pressure-free discernment

Avow is not a program to recruit or convince you of your vocation; rather it is designed to create an atmosphere of freedom and openness for the authentic pursuit of the Father's will.

discernavow.com



The word “avow” is derived from the Latin word *advocare*, which means “to summon.”

MEETINGS:

CONTACT:





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